



Office of Food Service and Nutrition
420 Hendrix Street
Lexington, SC 29072

June 14, 2021

Dear Parent/Guardian:

You have indicated that your student has a special dietary need that requires modification of the school menu. Federal regulations require the school to receive written instructions from an appropriate medical authority before the school can modify your student's meals. A recognized medical authority must complete one of the following forms to document your student's current special dietary needs. These forms may be found on the district's web page under the Food Service and Nutrition department.

- Medical Statement for Student Requiring Special Meals Due to Disability: If the student has a disability that affects his/her diet, a licensed physician must complete Form 21-F.
- Medical Statement for Student Requiring Special Meals Due to Food Allergy or Intolerance: If the student has a food allergy or intolerance, a physician or other recognized medical authority (i.e. physician's assistant or nurse practitioner) must complete Form 21-E

The medical authority must list on the form all foods that are to be eliminated from the diet and foods that may be substituted.

The appropriate medical statement should be dated no earlier than July 1, 2021. To ensure your student's special dietary needs are met on the first day of school, return the completed medical statement to the school nurse at the school where your student attends before August 16, 2021.

IMPORTANT: Please sign the appropriate medical statement. If the school staff needs additional information to clarify how to carry out the diet prescription, your signature is required for the physician or medical authority to share information with the school.

If you have questions or need assistance, please call me at 803-821-1170.

Sincerely,

Sally Nicholson, RDN, LD
Director of Food Service and Nutrition

This institution is an equal opportunity provider.