



PARENTGUIDE 2021-2022

LEXINGTON COUNTY SCHOOL DISTRICT ONE FOOD SERVICE AND NUTRITION

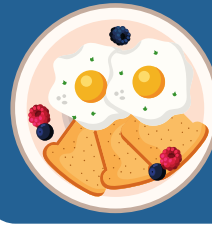
NATIONAL SCHOOL LUNCH PROGRAM

Our lunch program offers a variety of hot and cold entrées, along with fresh fruit and vegetables. Lunch includes an entrée of lean protein and whole grains, 2 servings of fruit, 2 servings of vegetables, and 1% white or skim chocolate milk.



SCHOOL BREAKFAST PROGRAM

Elementary schools have a breakfast kiosk service which allows students to take breakfast to their classrooms, while Middle and High school students will come through the serving line in the cafeteria. Breakfast includes an entrée with whole grains and/or lean protein, fruit, 100% juice, and 1% white or skim chocolate milk.



MEALS ARE NO COST FOR ALL STUDENTS

USDA has extended free breakfast and lunch to all Lexington One students through the 2021-2022 school year.

Although meals are no cost to students, we strongly encourage you to complete a meal benefit application.



MEALVIEWER

What's on the menu?
View our menus through the FREE MealViewer app on your smart phone or visit:



<http://schools.mealviewer.com/district/LexingtonOne>



CONVENIENT OPTIONS FOR CLASSROOM CELEBRATIONS!

Birthdays, Special Days, or Any Celebration!

Meets USDA Requirements for Smart Snacks in schools. Cafe staff delivers to your child's homeroom for all to enjoy!
Contact your cafe manager to order today!!

In accordance with federal civil rights law and U.S. Department of Agriculture civil rights regulations and policies, the USDA, its agencies, offices, employees and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, American Sign Language, etc.), should contact the agency (state or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

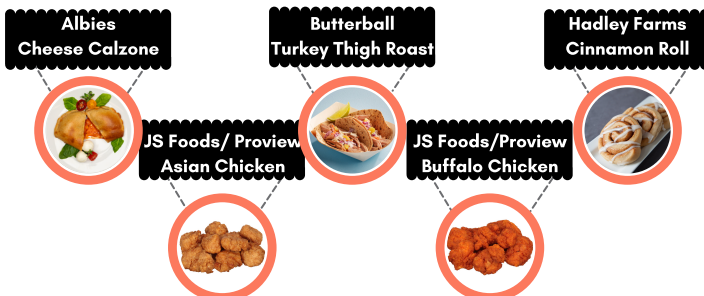
To file a complaint of discrimination:

- complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: How to File a Complaint, and at any USDA office;
- or write a letter addressed to USDA and provide in the letter all of the information requested in the form.

To request a copy of the complaint form, call (866) 632-9992.

Submit your completed form or letter to USDA by mail at U.S. Department of Agriculture; Office of the Assistant Secretary for Civil Rights; 1400 Independence Avenue, SW Washington, D.C. 20250-9410; by fax at (202) 690-7442; or by email at program.intake@usda.gov.

NEW MENU ITEMS



MEAL BENEFIT APPLICATION

Thanks to waivers granted by USDA, #LexOneFSN is able to provide breakfast and lunch meals at no cost to all students for the 2021-2022 school year. However, families are still encouraged to complete a meal benefit application to be qualified for additional benefits such as student fee waivers, SAT/ACT fee waivers, camp fee waivers, P-EBT funding, and scholarships! Families do not need to apply for benefits if they have received a letter of Direct Certification. To apply, visit: lunchapplication.com.

CERTIFIED SC GROWN

Certified SC Grown helps our district ensure students can access healthy food during the school day, while also partnering with local growers. We source 30% of our produce from local farmers!

EAT FRESH. EAT LOCAL.



WHAT'S IN SEASON?

Want to know what fruits and vegetables are in season each month? Visit: <https://certifiedsc.com/where-to-buy-local/whats-in-season/>



DID YOU KNOW?

Students who eat nutritious meals like the ones provided by LexOneFSN for breakfast and lunch experience:

- Improved Cognitive Function
- Higher Test Scores
- Better Attention Spans
- Better Classroom Behavior
- Fewer Absences
- Improved Mood



WE'RE SOCIAL!



FOLLOW US!
@LEXONEFSN

CONTACT US!



420 Hendrix Street
Lexington, SC 29072



803-821-1170



fsn.lexington1.net



<https://bit.ly/FSNstaff>

SPECIAL DIETS



To accommodate students with special diets due to a medical need, a Special Dietary Needs Form must be completed and signed by a licensed medical professional.



Scan Here

To download the form!

LOOLA
Online Learning Academy

LexOneFSN will provide breakfast and lunch meals for students that are enrolled in the LOOLA program.

Meal Service Details:

When: Every Thursday

Where: Carolina Springs Middle and Meadow Glen Middle

- Bus Loop for Both Locations

What Time: 1:40 p.m. to 2:10 p.m.

Families planning to participate will be required to complete a sign up form **each week**. Scan the QR Code to sign up, or visit: <https://bit.ly/LOOLAMEALS>

Scan Me



to sign up!



Feeding Our Future

This institution is an equal opportunity provider.